

Over-Bed Table

Set Up

- Your equipment provider will fully assemble your over-bed table.
- All users of this equipment should understand how to use the equipment properly. Your delivery technician will provide a demonstration.

Using Your Equipment

- Weight limit – Place no more than 20 lbs. on an over-bed table.
- Over-bed tables are intended for use with hospital-type beds in the home.
- Typical uses include:
 - To hold food while eating
 - Personal care item storage
 - To support activities of daily living
 - Aid in bedside bathing procedures
- Initial Adjustments

Adjust height:

- Locate the release handle under the tabletop (Usually at one short edge).
- Engage the handle with one hand while using the other hand to guide tabletop to the desired height.
- Release handle to lock tabletop into position.
- Gently press downward on the tabletop to ensure it is locked before usage.
- Roll table into position for usage.

For Tilt Models:

- Remove any items on the tabletop.
- Adjust height as described above.
- Engage tilt.

Frequent Replacement Items

- If any part becomes loose or broken, notify your equipment provider immediately.

Safety & Maintenance

Maintenance

- Periodically clean the table with warm water and a soft cloth.
The following cleaning agents are acceptable:
 - dishwashing detergent (rinsing required)
 - mild disinfectant
 - bleach (1part bleach to 10 parts water)
- If casters begin to squeak, lubricate them with a household spray such as WD 40.

Safety Issues

- Be sure adjustable parts are locked and secure before use.
- Keep hands and feet (or any body parts) away from moving parts
- No items in excess of 20 lbs. should be placed on the table.
- Do not sit or lean on the table.
- Do not use the overbed table to support patient weight or to assist in patient transport.